

## **Types of SWIM Sessions**

All SWIM sessions are tailored to each individual or group. They can range from simple lunch-hour Q&A sessions, to half-day presentations, to full day practice interview session with actors. We can help you decide the option that best suits your needs.

To maximize effectiveness, we recommend regularly scheduled SWIM sessions (e.g., biweekly, monthly, bi-monthly, or quarterly).

## 1. Knowledge Sessions

- a) Specific Topics These sessions cover specific topics that participants find difficult to grasp or apply in the field (e.g., memory, disclosure patterns, biases). Trainers use presentation, review, discussion, or exercises to strengthen learning.
- b) Q&A Participants have the opportunity to ask questions about what they learned in training, how to implement skills in practice, or troubleshoot issues they've encountered in the field (e.g., time limits, joint interviews).

## 2. Skill-Building Sessions

- a) Demonstration sessions Participants watch and critique interviews conducted by TFP trainers, either live with peers or pre-recorded with actors.
- b) Case review sessions Participants watch and critique a real interview conducted by one of the participants. Sessions can focus on basic or advanced skills (e.g., interviewing cooperative vs. reluctant or traumatized interviewees).
- c) Peer-to-peer practice sessions Participants interview each other and receive structured feedback from either their peers or a TFP trainer. Sessions can focus on a specific skill (e.g., how to provide informed consent, how to funnel questions) or conducting an interview from start to finish.
- d) Actor-led practice sessions Participants have the opportunity to interview a specially trained actor (in the role of a youth or adult victim, witness, or perpetrator) and receive structured feedback from either their peers or a TFP mentor. Sessions can focus on a specific skill or conducting an interview from start to finish.